

### 6.4 Nappy changing, intimate care and toileting

#### Policy statement

Children are welcome to participating in our pre-school, who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities within the disabled toilet room and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### Procedures

- Our key persons undertake changing children in their care; back up key persons change them if the key person is absent or unobtainable.
- Our key persons, record when a change has been completed for the children in their care who are in nappies or 'pull-ups'; and change nappies according to their needs. Parents will receive on their child's tapestry the personal intervention sheet on each occasion.
- We have a 'duty of care' towards children's personal needs, practitioners record all intervention on children's personalise sheet, this is located on the shelf in the main room. This includes helping a child with their toileting needs.
- Our Community play things changing unit is located in disabled toilet and is safe for children with no bright lights shining down in their eyes.
- Each parent should provide nappies or pull ups, nappy bags and changing wipes in their child's bag.
- Our practitioners use fresh gloves and aprons before changing starts for each child and the area is prepared. Wipes are used to clean the changing mat and unit so it is fresh for each child. Mat will be place at an angle to show it has been cleaned and ready for use. Gloves are always required when changing nappies.
- All practitioners are familiar with our hygiene procedures and carry these out when changing nappies.
- Our practitioners never turn their back on a child or leave them unattended whilst they are on the changing unit.
- Should it be unsafe for a child to climb and use the unit the changing mat may be placed on the floor area.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to wash their hands, and have soap and paper towels to hand.
- Older children access the toilets when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Nappies are bagged and put in the bin. Ordinary pants that have been wet or soiled are bagged for parents to take home.
- We record all intervention during toileting and change of clothing, using protective clothing if necessary.

Policy review and adopted on 24/10/24

Signed on behalf of Bagshot Pre-school

Role within the Pre-school      Manager

**Susan Michel**